



**PARA**  
START 11:25

**GROUP 1**

**GROUP 2**

**GROUP 3**

**GROUP 4**

**GROUP 5**



# STARTING AREA


Group	Marathon	Half marathon	10K
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**1**  
**Drop your bag off**  
at the bag drop area  
in the EXPO zone



**2**  
**Get ready to run**  
in your starting  
group zone  
(sorted by expected pace)

 <b>PARA</b>	<b>Start 11:25</b>		
 <b>GROUP 1</b>	sub 3h00	sub 1h30	sub 40min
 <b>GROUP 2</b>	3h00-3h30	1h30-1h45	40-50min
 <b>GROUP 3</b>	3h30-4h00	1h45-2h00	50-55min
 <b>GROUP 4</b>	4h00-4h30	2h00-2h15	55-60min
 <b>GROUP 5</b>	4h30+	2h15+	60min+

-  **Be there ahead of time** and double check your info
- Take only the bare minimum** with you (no poncho or plastic bag)
- Listen to the announcements** over the PA system

**INSTITUTIONAL PARTNER**



**MAIN PARTNERS**



**OFFICIAL PARTNERS**



**SUPPORTING PARTNERS**

